DRUG ADDICTION AFFECTS ALL OHIOANS

Know the warning signs





Know the facts:

- Heroin and other opiates kill at least 23 people in Ohio every week.
- Opiate pain pills, fentanyl, and heroin are all opioids.
- One in five Ohio residents knows someone struggling with heroin addiction.
- Naloxone is a medication used to reverse the effects of an opioid overdose.

Know the signs of opioid abuse or addiction:

- Sudden dramatic weight loss
- Changes in expected emotional response and rapid mood swings
- Dramatic changes in sleep patterns
- Constipation without reasonable explanation
- Small or pinpoint pupils
- Unexplained missing personal items and money

Know the symptoms of opioid overdose:

- Bluish nail beds and lips, pale or grayish skin tone
- Noisy and irregular breathing, respiratory arrest, cardiac arrest

Know where to get assistance for you or your loved one:

If you suspect an overdose, call 911. For nonemergency assistance, call the Ohio Department of Mental Health and Addiction Services Toll-Free Bridge Line at **1-877-275-6364** for local resources, or visit **www.RecoveryIsBeautiful.org**.









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MENTAL HEALTH & ADDICTION SERVICES
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