

FitCityPHL 3
Inspiration and Early Interventions

Thursday, October 12, 2017
Center for Architecture, 1218 Arch Street, Philadelphia, PA
8:30am – 4:30pm
Healthy Hour 4:30pm – 6:30pm
DesignPhiladelphia Festival

- | | |
|--------------------------|---|
| 8:30am – 9:15am | Registration/Breakfast
Gathering of thoughts on community engagement |
| 9:20am – 9:30am | Opening Remarks
Christina Miller, Health Promotion Council |
| 9:30am – 9:50am | Health Component to Active Design
Sharon Roerty, Robert Wood Johnson Foundation |
| 9:50am – 10:50am | Update from Public Sector Leaders (Town Hall format)
<i>Christina Miller, Health Promotion Council (Moderator)</i>
Michael DiBerardinis, Philadelphia Managing Director
Dr. Valerie Arkoosh, Chair, Montgomery County Commissioners
Dr. Loren Robinson, Pennsylvania Deputy Secretary for Health
Dalton Paxman, U.S. Department of Health and Human Services
Regional Health Administrator |
| 10:50am – 11:00am | Movement Break
Laughter Yoga, Bill Powell, Philadelphia Department of Parks and Recreation |
| 11:00am – 12:30pm | Community Engagement Training
<i>David Ferris, Philadelphia Local Initiatives Support Organization (Instructor)</i>
<i>Panel</i> Donna Griffin, Community Capacity Builders
Michael Thorpe, Mt. Vernon Manor
Bessie Carter-Washington, Friends of the Mantua Greenway
Brian Wenrich, Philadelphia City Planning Commission |

- 12:30pm – 2:15pm** **Lunch/Networking/Activity**
Walking Tours
 12:30pm – 1:15pm **The Rail Park**, Melissa Kim
Playability Walk of Chinatown, Maggie Cooper, KaBOOM!
 and Philadelphia Chinatown Development Corporation
 1:15pm – 2:00pm **Public Health Management Corporation**, Rhonda Coleman
LGBTQ Neighborhood and the John C. Anderson Apartments,
 Chris Bartlett, William Way Community Center; Jennifer
 Hensel; Kecia Hilliard, Penn Rose; and Joe Salerno, WRT
- Indoor Recess*
 Hamzeh Abuyounis, Health Promotion Council
- 2:15pm – 2:45pm** **Fitwel Presentation**
 Lisa Creighton, Center for Active Design, New York City
- 2:45pm – 2:55pm** **Movement Break**
 Kelli McIntyre, Philadelphia Department of Public Health
- 2:55pm – 3:45pm** **Philadelphia Workplace Active Design Examples (panel format)**
Alan Greenberger FAIA, Drexel University (Moderator)
 Dan Calista, Vynamic
 Richard Cohen, Public Health Management Corporation
 Amy Hirsh, Community Legal Services
 Elizabeth McHugh Kahn, U.S. General Services Administration
 Amy Kline, U.S. General Services Administration
 Michael Schade, Atkin Olshin Schade Architects
- 3:45pm – 4:30pm** **Easy Actions: Workplace Active Design**
 Lisa Creighton, Center for Active Design, New York City (*Opening Remarks*)
 Planning Committee (*Workgroup Facilitators*)
- 4:30pm** **Closing Remarks**
- 4:30pm – 6:30pm** **Healthy Hour**
 Fabric Workshop
 1214 Arch Street, Philadelphia, PA 19107
 Tour of Louis Kahn: The Power of Architecture
 Learn about fitness in relationship to architecture
 Physical fitness tests
 Shot of wheat grass