

# DECEMBER 2021

## HUNTINGTON POINTE VIRTUAL FITNESS CLASSES

| SUNDAY         | MONDAY                                                                               | TUESDAY                                                                          | WEDNESDAY                                                                          | THURSDAY                                                                      | FRIDAY                                                                             | SATURDAY                                                                            |
|----------------|--------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
|                | 9:30-10:30 AM<br><b>WATER AEROBICS</b><br>SALLY<br>MAIN POOL                         | 9:00-9:50 AM<br><b>ZUMBA GOLD</b><br>MIRYAM<br><a href="#">CLICK TO REGISTER</a> |                                                                                    | 9:30-10:30 AM<br><b>WATER AEROBICS</b><br>HAPPY<br>MAIN POOL                  | 9:30-10:30 AM<br><b>WATER AEROBICS</b><br>YULIA<br>MAIN POOL                       | 9:30-10:30 AM<br><b>WATER AEROBICS</b><br>JOEL<br>MAIN POOL                         |
|                | 10:00-10:50 AM<br><b>AEROBICS</b><br>ANDREA<br><a href="#">CLICK TO REGISTER</a>     | 10:00-10:50 AM<br><b>TAI CHI</b><br>GREG<br><a href="#">CLICK TO REGISTER</a>    |                                                                                    | 10:00-10:50 AM<br><b>TAI CHI</b><br>GREG<br><a href="#">CLICK TO REGISTER</a> | 10:00-10:50 AM<br><b>YOGA</b><br>MERIDITH<br><a href="#">CLICK TO REGISTER</a>     |                                                                                     |
|                | 11:00-11:50 AM<br><b>CHAIR SCULPT</b><br>ANDREA<br><a href="#">CLICK TO REGISTER</a> | 10:30-11:20 AM<br><b>YOGA</b><br>MERIDITH<br><a href="#">CLICK TO REGISTER</a>   | 11:00-11:50 AM<br><b>AEROBICS</b><br>JILL<br><a href="#">CLICK TO REGISTER</a>     | 11:00-11:50 AM<br><b>ZUMBA</b><br>MIRYAM<br><a href="#">CLICK TO REGISTER</a> | 11:00-11:50 AM<br><b>AEROBICS</b><br>JILL<br><a href="#">CLICK TO REGISTER</a>     |                                                                                     |
| Happy Hanukkah |                                                                                      |                                                                                  | 11:45 AM-12:45 PM<br><b>WATER AEROBICS</b><br>SALLY • MAIN POOL                    |                                                                               |                                                                                    |  |
|                |                                                                                      |                                                                                  | 12:00-12:50 PM<br><b>CHAIR SCULPT</b><br>BENY<br><a href="#">CLICK TO REGISTER</a> |                                                                               | 12:00-12:50 PM<br><b>CHAIR SCULPT</b><br>BENY<br><a href="#">CLICK TO REGISTER</a> |                                                                                     |
|                |                                                                                      |                                                                                  |                                                                                    |                                                                               |                                                                                    |                                                                                     |

"Your soul is nourished when you are kind, it is destroyed when you are cruel."

—KING SOLOMON



- ON-SITE WATER CLASSES
- VIRTUAL ONLINE CLASSES

