

# Check-In, Check-Out, (CICO)

**January 22, 2018**

**MSU Billings, College of Education Building, Room 122**

**To register or for more information:** contact Denise DesJarlais at [ddesjarlais@mt.gov](mailto:ddesjarlais@mt.gov)

**Check-In, Check-Out, (CICO)**, is a Tier II, group-oriented intervention, designed especially for students whose problem behaviors (a) are unresponsive to Tier I practice and systems, (b) do not require more immediate individualized interventions, and (c) are observed across multiple settings or contexts.

Because CICO is a group-based, standardized intervention, it is efficient and cost-effective. For example, the program can accommodate a number of students (e.g., up to thirty), and students can enter the program within a few days following referral. CICO also provides a built-in system for (a) monitoring students' progress in the program, (b) evaluating the fidelity of implementation, and (c) transitioning to a self-managed program.

Check-In, Check-Out Features and Benefits:

- Increased positive adult contact
- Embedded social skills training
- Direct link to school-wide behavioral goals and expectations
- Frequent feedback and positive reinforcement
- Daily home-school communication
- Goal setting for behavioral goals
- Improves mild to moderate problem behavior
- Short term intervention to goal of self-management

Teams will leave with everything they need to implement their own Check-In Check-Out program as part of the Tier II system including:

- Identifying a coordinator
- Establishing routines
- Setting up a daily progress point card
- Developing a point trading (reinforcement) system
- Defining student decision rules
- Creating training for students, staff, parents and Tier II team members
- Progress monitoring of students and their plans
- Assessment of fidelity of implementation.

# Check & Connect

**February 12 & 13, 2018**

**MSU Billings, College of Education Building, Room 122**

**For MBI/MTSS Tier II/III Teams**

**To register or for more information:** contact Denise DesJarlais at [ddesjarlais@mt.gov](mailto:ddesjarlais@mt.gov)

**Check & Connect** is a comprehensive Tier 2 and/or 3 intervention designed to enhance student engagement at school and with learning for marginalized, disengaged students in grades K-12, through relationship building, problem solving and persistence. Signs of disengagement can include poor attendance, tardies, poor grades, non-involvement in class, extracurricular activities, etc. It is a research based intervention for dropout prevention.

This structured mentoring program where the adult mentor meets with the student weekly for about a half hour. At this meeting, the mentor has brought gathered data (grades, attendance, tardies, office discipline referrals) and discusses them with the student. The mentor teaches needed skills such as goal setting, problem solving, and/or organization, depending on the student's need. The idea is to build needed skills for the student to be successful in whatever they choose. The mentor connects with family so they can also become engaged in the child's learning.

A goal of Check & Connect is to foster school completion with academic and social competence. It is comprised of four components:

1. A mentor who works with students and families for a minimum of two years;
2. Regular checks, utilizing data schools already collect on students, school adjustment, behavior and educational progress;
3. Timely interventions, driven by data, to reestablish and maintain the student's connection to school and learning and to enhance the student's social and academic competencies; and
4. Engagement with families.

**Benefits of Check & Connect:**

- Improves attendance, behavior and grades
- Long-term mentor
- Weekly monitoring
- Relationship building through on-going connections
- Family engagement
- Problem-solving and capacity building